



## **To Obtain a Plenary Indulgence During the Jubilee Year 2025**

### **Conditions for Each Indulgence:**

1. Be truly repentant and free from any attachment to sin
2. Receive the Sacrament of Penance
3. Received Holy Communion on the same day you seek the indulgence
4. Pray for the intentions of the Holy Father

### **Ways to Obtain the Plenary Indulgence:**

#### **1. Pilgrimage to a Sacred Jubilee Site**

- Visit any designated sacred Jubilee site and devoutly participate in Holy Mass
- Engage in Eucharistic adoration and meditation, concluding with:
  - Our Father
  - Profession of Faith (in any approved form)
  - Invocations to Mary, the Mother of God, so that all may experience her closeness during this Holy Year.

#### **Performance of a Work of Mercy – Corporal or Spiritual**

- Engage in acts of charity and mercy, such as:
  - Corporal:
    - Visit the sick
    - Feed the hungry
    - Give drink to the thirsty
    - Shelter the homeless
    - Visit the prisoners
    - Bury the dead
    - Give alms to the poor
  - Spiritual:
    - Counseling the doubtful
    - Instructing the ignorant
    - Admonishing the sinner
    - Comforting the sorrowful
    - Forgiving injuries
    - Bearing wrongs patiently
    - Praying for the living and the dead

### **Participation in Spiritual Formation**

- Attend popular missions, spiritual exercises, or formation activities focused on:
  - The documents of the Second Vatican Council
  - The Catechism of the Catholic Church

### **Designated Shrines for Pilgrimage**

#### **National Shrines**

- St. John Neumann Shrine at St. Peter the Apostle Church, Philadelphia
- Our Lady of Czestochowa Shrine, Doylestown
- St. Rita Shrine, Philadelphia



### **Diocesan Shrines**

- St. Anne Shrine (Upper Church), Philadelphia
- Blessed Carlo Acutis Shrine, Malvern Retreat House, Malvern
- St. Gianna Beretta Molla Shrine, Nativity of Our Lord Church, Warminster
- St. Jude Shrine, St. Jude Church, Chalfont
- St. Katharine Drexel Shrine, Cathedral Basilica of Saints Peter and Paul, Philadelphia
- Miraculous Medal Basilica, Philadelphia
- Padre Pio Shrine, St. Bede Church, Holland

### **For Those Unable to Participate in Person**

The elderly, sick, imprisoned, or others unable to attend in person may still obtain the Jubilee Indulgence under the same conditions if, united in spirit with those participating, they:

- Follow celebrations through available media (broadcasts by the Pope or their diocesan bishop).
- Recite the Our Father, the Profession of Faith (in any approved form), and other prayers reflecting the spirit of the Holy Year.
- Offer up their sufferings or hardships as a spiritual sacrifice.

By following these steps with a sincere heart, the faithful can fully experience the graces of **the Jubilee Year 2025**.

For more information, please visit <https://archphila.org/holyyear/>