Midday Prayer

INTRODUCTION



HYMN

Be thou my vision, O Lord of my heart; Be all else but naught to me, save that thou art; Be thou my best thought in the day and the night, Both waking and sleeping, thy presence my light.

Be thou my wisdom, and thou my true word; Be thou ever with me, and I with thee, Lord; Be thou my great Father, and I thy true son; Be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight; Be thou my whole armor, be thou my true might; Be thou my soul's shelter, be thou my strong tow'r, O raise thou me heav'nward, great pow'r of my pow'r. Riches I heed not, nor man's empty praise; Be thou mine inheritance, now and always; Be thou and thou only the first in my heart, O high King of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun, O grant me its joys, after vict'ry is won; Great heart of my own heart, whatever befall, Still be thou my vision, O ruler of all.

Tune: Slane 10.11.11.11 Music: Anonymous Text: *Rop tú mo Baile*, Gaelic, attributed to Saint Dallán Forgaill, sixth century Translation: Eleanor Hull, 1860-1935

PSALMODY



Ant. 1 Lord, give a loving *welcome* *-- to your servant.

Psalm 119:33-40

Loving God means keeping his commandments (1John 5:3)

WOMEN

Teach me the demands of your *prec*epts * and I will keep them *to* the end. Train me to observe your *law*, * to keep it *with* my heart.

MEN

Guide me in the path of your com*mands*; * for there is *my* delight. Bend my heart to your *will* * and not to *love* of gain.

WOMEN

Keep my eyes from what is *false*: * by your word, *give* me life. Keep the promise you have *made* * to the ser*vant* who fears you.

MEN

Keep me from the scorn I *dread*, * for your de*crees* are good. See, I long for your *pre*cepts: * then in your justice, *give* me life.

ALL

Glory to the Father, and to the *Son*, * and to the *Ho*ly Spirit: as it was in the beginning, is *now*, * and will be for ever. Amen.

Ant. Lord, give a loving *welcome*^{*} to your servant.



Ant. 2 Look to *the* Lord * and *be* enlightened.

Psalm 34 MEN

I will bless the Lord at *all* times, * his praise always *on* my lips; in the Lord my soul shall *make* its boast. * The humble shall hear *and* be glad.

WOMEN

Glorify the Lord *with* me. * Together let us *praise* his name. I sought the Lord and he *an*swered me; * from all my terrors he *set* me free.

MEN

Look towards him and *be* radiant; * let your faces not *be* abashed. This poor man called; the *Lord* -- heard him * and rescued him from all *his* distress.

WOMEN

The angel of the Lord is *en*camped * around those who revere him, to *res*cue them. Taste and see that the *Lord* is good. * He is happy who seeks re*fuge* in him.

MEN

Revere the Lord, you *his* saints. * They lack nothing, those *who* revere him. Strong lions suffer want *and* go hungry * but those who seek the Lord *lack* no blessing.

ALL

Glory to the Father, and to *the* Son, * and to the *Ho*ly Spirit: as it was in the begin*ning*, is now, * and will be for ever. Amen.

Ant. 2 Look to *the* Lord * and *be* enlightened.

Va **F**

Ant. 3 When your heart is torn *with* grief * the Lord *is* near you.

WOMEN

Come, children, *and* hear me * that I may teach you the fear of *the* Lord. Who is he who longs *for* life * and many days, to enjoy his *pros*perity?

MEN

Then keep your tongue *from* evil * and your lips from speaking *de*ceit. Turn aside from evil and *do* good; * seek and strive af*ter* peace.

WOMEN

The Lord turns his face against *the* wicked * to destroy their remembrance from *the* earth. The Lord turns his eyes to *the* just * and his ears to their *ap*peal.

MEN

They call and the *Lord* hears * and rescues them in all their *dis*tress. The Lord is close to the bro*ken*-hearted; * those whose spirit is crushed he *will* save.

WOMEN

Many are the trials of *the* just man * but from them all the Lord will res*cue* him. He will keep guard over all *his* bones, * not one of his bones shall *be* broken.

MEN

Evil brings death to *the* wicked; * those who hate the good *are* doomed. The Lord ransoms the souls of *his* servants. * Those who hide in him shall not be *con*demned.

ALL

Glory to the Father, and to *the* Son, * and to the Ho*ly* Spirit: as it was in the beginning, *is* now, * and will be for ever. Amen.

Ant. 3 When your heart is torn *with* grief * the Lord *is* near you.

READING

Galatians 5:26;6:2

Let us not be conceited, provoking one another, envious of one another. Bear one another's burdens, and so you will fulfill the law of Christ.

VERSE

What joy to see a family united in love! - The blessing of God rests upon it.

PRAYER

Lord, fill us with the resplendent light of your eternal love. May we love you above all things, and our brothers for your sake. Grant this through Christ our Lord.

Let us praise the Lord.

- And give him thanks.

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