

# GLOBALFIT'S GYM NETWORK 360

Achieving optimal health and wellness doesn't have to be complicated or expensive.

Access premier fitness, weight loss, and wellness brands at discounted pricing with Gym Network 360.



- Membership discounts at 9,000+ gyms and studios
- Top brands including LA Fitness, Anytime Fitness, Gold's Gym, Curves, and 24 Hour Fitness
- Specialty studios such as yoga, kickboxing, cycling, CrossFit, and Pilates
- Virtual fitness options such as Group Fitness On Demand *Powered By Les Mills* and Trainer On Demand



- Nutrition and weight loss programs for the whole family
- Variety of meal plans including fresh prepared meals and diet delivery options
- Discounts on top brands such as Nutrisystem, Jenny Craig, Diet-to-Go, and Kurbo
- Discounts on vitamins, supplements, and other healthy food products



- Tools and resources to support your wellness journey
- Monthly GO Newsletter
- Health coaching programs for any wellness goal from smoking cessation to stress reduction

EXERCISE

EATING

EDUCATION

**REGISTER TODAY:**

[GLOBALFIT.COM/ARCHPHILA](http://GLOBALFIT.COM/ARCHPHILA)