

Archdiocese of Philadelphia

Why purchase Supplemental Employee Benefits?

If you become disabled and cannot work, are you prepared? Can your wallet survive a serious accident or illness? These supplemental insurance coverages are an important part of protecting your family's future. **Protect yourself and your loved ones and add the financial security when you need it most!**

Critical Illness w/Cancer Insurance through Aflac

Critical Illness w/Cancer Insurance pays a lump sum benefit up to 100% of the face amount if you or a covered family member is diagnosed with a covered catastrophic illness such as cancer, heart attack, stroke, major organ transplant, end-stage renal failure and coronary bypass surgery. In addition, there is an **annual** Cancer Expense Benefit of \$5,000 if you are initially diagnosed with cancer while the coverage is in force. The benefit can be used any way you choose and you do not have to be disabled or terminally ill to receive benefits. Critical Illness benefits include:

Critical Illness Benefit:	
Benefits are payable directly to the insured and include the following catastrophic medical conditions:	
Cancer (Internal or Invasive)	100%
Heart Attack	100%
Stroke	100%
Major Organ Transplant	100%
End Stage Renal Failure	100%
Coronary Artery By-Pass Surgery	25%
Carcinoma in Situ	25%

- **Annual Cancer Expense Benefits of \$5,000** if an insured is initially diagnosed while their coverage is in force. Aflac will pay for cancer treatment, the actual expenses incurred in any calendar year, up to \$5,000. For skin cancer, Aflac will pay 10% of the actual expenses up to \$5,000 each calendar year. ***80% of claims in this product are cancer related.***
- Multiple payout/recurrence benefits allow the insured to collect benefits more than once for the same and different covered conditions.
- **Wellness benefit of \$50 automatically included for Employees and Spouses.**
- **Coverage available:** Employee up to \$20,000; Spouse up to \$10,000.
- **Children are automatically covered at 50% of the primary employee amount at no additional costs!**

Sample Semi-Monthly Rates: Non-Smoker

Critical Illness	Coverage Face Amount	Total Cost (Semi-Monthly)	Coverage Face Amount	Total Cost (Semi-Monthly)
Ages 18-29	\$5,000	\$2.60	\$10,000	\$3.55
Ages 30-39	\$5,000	\$3.88	\$10,000	\$5.59
Ages 40-49	\$5,000	\$7.48	\$10,000	\$10.99
Ages 50-59	\$5,000	\$12.91	\$10,000	\$19.65

Important Items to Remember:



- **Benefits are paid tax-free**
- **Benefits are portable.**
- **Employees are covered the day the application is signed!**

Phone: 1-888-264-2147

Aflac Group Cancer/ Critical Illness

INSURANCE – PLAN INCLUDES BENEFITS
FOR CANCER AND HEALTH SCREENING

We help take care of your
expenses while you take
care of yourself.



Aflac[®]

We've got you under our wing.[®]

AFLAC GROUP CANCER/ CRITICAL ILLNESS INSURANCE

Policy Form CAI2800PA



Aflac can help ease the financial stress of surviving a critical illness.

Chances are you may know someone who's been diagnosed with a critical illness. You can't help but notice the strain it's placed on the person's life—both physically and emotionally. What's not so obvious is the impact a critical illness may have on someone's personal finances.

That's because while a major medical plan may pay for a good portion of the costs associated with a critical illness, there are a lot of expenses that just aren't covered. And, during recovery, having to worry about out-of-pocket expenses is the last thing anyone needs.

That's the benefit of an Aflac group Cancer/Critical Illness plan.

It can help with the treatment costs of covered critical illnesses, such as cancer, a heart attack, or a stroke.

More importantly, the plan helps you focus on recuperation instead of the distraction and stress over out-of-pocket costs. With the Cancer/Critical Illness plan, you receive cash benefits directly (unless otherwise assigned)—giving you the flexibility to help pay bills related to treatment or to help with everyday living expenses.



Understanding the facts can help you decide if the Aflac group Cancer/Critical Illness plan makes sense for you.

FACT NO. 1

AN ESTIMATED **82.6** MILLION

AMERICAN ADULTS—GREATER THAN 1 IN 3—HAVE ONE OR MORE TYPES OF CARDIOVASCULAR DISEASE (CVD).¹

FACT NO. 2

MORE THAN **\$44** BILLION

IN EXPENSES MADE CORONARY ARTERY DISEASE THE MOST EXPENSIVE CONDITION TREATED IN 2004.²

¹ & ² <http://circ.ahajournals.org/content/125/1/e2.full>

Here's why the Aflac group Cancer/Critical Illness plan may be right for you.

For almost 60 years, Aflac has been dedicated to helping provide individuals and families peace of mind and financial security when they've needed it most. The Aflac group Cancer/Critical Illness plan is just another innovative way to help make sure you're well protected under our wing.

But it doesn't stop there. Having group Cancer/Critical Illness insurance from Aflac means that you may have added financial resources to help with medical costs or ongoing living expenses.

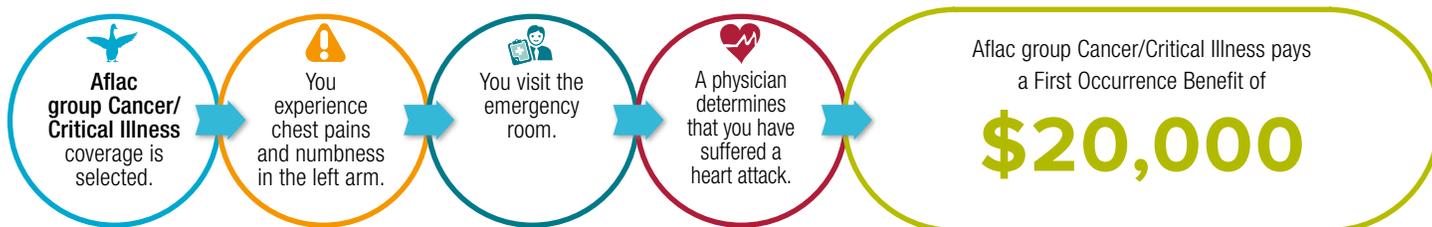
The Aflac group Cancer/Critical Illness plan benefits include:

- Critical Illness Benefit payable for:
 - Cancer
 - Heart Attack (Myocardial Infarction)
 - Stroke
 - Major Organ Transplant
 - End-Stage Renal Failure
 - Coronary Artery Bypass Surgery
 - Carcinoma In Situ
- Cancer/Health Screening Benefit

Features:

- Benefits are paid directly to you unless you choose otherwise.
- Coverage is available for you, your spouse, and dependent children.
- Coverage is portable (with certain stipulations). That means you can take it with you if you change jobs or retire.
- Fast claims payment. Most claims are processed in about four days.
- If you are deemed ineligible due to a previous medical condition, you still retain the ability to purchase spouse coverage.

How it works



Amount payable based on \$20,000 First Occurrence Benefit.

The plan has limitations and exclusions that may affect benefits payable. This brochure is for illustrative purposes only. Refer to your certificate for complete details, definitions, limitations, and exclusions.

For more information, ask your insurance agent/producer, call 1.800.433.3036, or visit aflacgroupinsurance.com.

Benefits Overview

COVERED CRITICAL ILLNESSES:

CANCER (Internal or Invasive)	100%
HEART ATTACK (Myocardial Infarction)	100%
STROKE (Apoplexy or Cerebral Vascular Accident)	100%
MAJOR ORGAN TRANSPLANT	100%
END-STAGE RENAL FAILURE	100%
CARCINOMA IN SITU (Payment of this benefit will reduce your benefit for cancer by 25%.)	25%
CORONARY ARTERY BYPASS SURGERY (Payment of this benefit will reduce your benefit for heart attack by 25%.)	25%

FIRST OCCURRENCE BENEFIT

After the waiting period, a lump sum benefit is payable upon initial diagnosis of a covered critical illness. Employee benefit amounts available up to \$20,000. Spouse coverage is also available in benefit amounts up to \$10,000, not to exceed one half of the employee's amount. Recurrence of a previously diagnosed cancer is payable provided the diagnosis is made when the certificate is in-force, and provided the insured is free of any signs or symptoms of that cancer for 12 consecutive months, and has been treatment-free for that cancer for 12 consecutive months.

ADDITIONAL OCCURRENCE BENEFIT

If you collect full benefits for a critical illness under the plan and later are diagnosed with one of the remaining covered critical illnesses, then we will pay the full benefit amount for each additional illness. Occurrences must be separated by at least six months or for cancer at least 6 months treatment free.

REOCCURRENCE BENEFIT

If you collect full benefits for a covered condition and are later diagnosed with the same condition, we will pay the full benefit again. The two dates of diagnosis must be separated by at least 12 months, or for cancer at least 12 months treatment-free. Cancer that has spread (metastasized), even though there is a new tumor, will not be considered an additional occurrence unless you have gone treatment-free for 12 months.

CHILD COVERAGE AT NO ADDITIONAL COST

Each dependent child is covered at 50 percent of the primary insured's benefit amount at no additional charge.

CANCER/HEALTH SCREENING BENEFIT (Employee and Spouse only)

After the waiting period, you may receive a maximum of \$50 for any one covered health screening test per calendar year. We will pay this benefit regardless of the results of the test. Payment of this benefit will not reduce the critical illness benefit payable under the plan. There is no limit to the number of years you can receive the Health Screening Benefit; it will be payable as long as coverage remains in force. This benefit is only payable for Health Screening Tests performed as the result of preventive care, including tests and diagnostic procedures ordered in connection with routine examinations. This benefit is payable for the covered employee and spouse. **This benefit is not paid for dependent children.**

COVERED HEALTH SCREENING TESTS INCLUDE:

- Mammography
- Colonoscopy
- Pap smear
- Breast ultrasound
- Chest X-ray
- PSA (blood test for prostate cancer)
- Stress test on a bicycle or treadmill
- Bone marrow testing
- CA 15-3 (blood test for breast cancer)
- CEA (blood test for colon cancer)
- Flexible sigmoidoscopy
- Hemocult stool analysis
- Serum protein electrophoresis (blood test for myeloma)
- Thermography
- Fasting blood glucose test
- Serum cholesterol test to determine level of HDL and LDL
- Blood test for triglycerides

EXPENSE BENEFITS UP TO \$5,000

Subject to the provisions of the plan, if you incur eligible medical expenses for cancer (internal or invasive) and/or skin cancer that is initially diagnosed while the plan is in force, the following benefits are available:

1. Cancer (internal or invasive): For the treatment of cancer, we will pay the actual expenses incurred in any calendar year, not to exceed the calendar year maximum as shown in the certificate schedule, provided the cancer is initially diagnosed while your coverage is in force.
2. Skin Cancer: For the treatment of skin cancer, we will pay 10% of the actual expenses incurred for eligible medical expenses in any calendar year, not to exceed the calendar year maximum shown in the certificate schedule, provided the skin cancer is initially diagnosed while your coverage is in force.

What you need, when you need it.

Group cancer/critical illness insurance pays cash benefits that you can use any way you see fit.



LIMITATIONS AND EXCLUSIONS

If the coverage outlined in this summary will replace any existing coverage, please be aware that it may be in your best interest to maintain your individual guaranteed-renewable policy.

CANCER AND SPECIFIED CRITICAL ILLNESS

The plan provides benefits only for the treatment of internal cancer and/or skin cancer and lump sum benefits for critical illnesses, as defined herein.

The plan does not provide benefits for any other disease, sickness, or incapacity.

No benefits will be paid for expenses incurred outside the United States or its Territories. Diagnosis must be made in the United States.

The plan contains a 30-day waiting period. This means that no benefits are payable for anyone who has been diagnosed before your coverage has been in force 30 days from the effective date. If you are first diagnosed during the waiting period, benefits for treatment of that critical illness will apply only to loss starting after 12 months from the effective date or the employee can elect to void the coverage and receive a full refund of premium.

The applicable benefit amount will be paid if: the date of diagnosis is after the waiting period; the date of diagnosis occurs while the certificate is in force; and the cause of the illness is not excluded by name or specific description.

CANCER

No benefits will be paid for any cancer treatments that have not been approved by a physician as being medically necessary.

CRITICAL ILLNESS - PRE-EXISTING CONDITIONS LIMITATION

Pre-existing condition means a sickness or physical condition which, within the 90-day period prior to your effective date, resulted in medical advice or treatment.

We will not pay benefits for any critical illness starting within 12 months of your effective date which is caused by, contributed to, or resulting from a pre-existing condition.

A claim for benefits for loss starting after 12 months from your effective date will not be reduced or denied on the grounds that it is caused by a pre-existing condition.

A critical illness will no longer be considered pre-existing at the end of 12 consecutive months starting and ending after your effective date of coverage.

EXCLUSIONS

Benefits will not be paid for loss due to:

- Intentionally self-inflicted injury or action;
- Suicide or attempted suicide while sane or insane;
- Illegal activities or participation in an illegal occupation;
- War, whether declared or undeclared or military conflicts, participation in an insurrection or riot, civil commotion or state of belligerence;
- Substance abuse; or
- Pre-Existing Conditions (except as stated in the Pre-Existing Conditions Limitation).

No benefits will be paid for loss which occurred prior to the effective date.

No benefits will be paid for diagnosis made or treatment received outside of the United States.

TERMS YOU NEED TO KNOW

The **Effective Date** of your coverage is the date your insurance begins as determined on your certificate schedule. Your coverage effective date is subject to provisions in the plan regarding incontestability and time limits on certain defenses.

Employee means the insured as shown on the certificate schedule.

Spouse means your legal wife or husband.

Dependent Children means your natural children, step-children, foster children, legally adopted children or children placed for adoption, who are under age 26.

Your natural Children born after the effective date of the rider will be covered from the moment of live birth. No notice or additional premium is required.

Coverage on dependent child(ren) will terminate on the child's 26th birthday. However, if any child is incapable of self-sustaining employment due to mental retardation or physical handicap and is dependent on his parent(s) for support, the above age of 26 shall not apply. Proof of such incapacity and dependency must be furnished to us within 31 days following such 26th birthday.

Treatment means consultation, care, or services provided by a physician, including diagnostic measures and taking prescribed drugs and medicines.

Treatment Free means a period of time without the consultation, care or services provided by a physician including diagnostic measures and taking prescribed drugs and medicines. For the purpose of this definition treatment does not include maintenance drug therapy or routine follow-up visits to verify if cancer or carcinoma in situ has returned.

Maintenance Drug Therapy means ongoing hormonal therapy, immunotherapy or chemo-prevention therapy that may be given following the full remission of a cancer due to primary treatment. It is meant to decrease the risk of cancer recurrence rather than the palliative or suppression of a cancer that is still present.

Major Organ Transplant means undergoing surgery as a recipient of a transplant of a human heart, lung, liver, kidney, or pancreas.

Myocardial Infarction (Heart Attack) means the death of a portion of the heart muscle (myocardium) resulting from a blockage of one or more coronary arteries. Heart attack does not include any other disease or injury involving the cardiovascular system. Cardiac arrest not caused by a myocardial infarction is not a heart attack. The diagnosis must include all of the following criteria:

1. New and serial electrocardiographic (EKG) findings consistent with myocardial infarction;
2. Elevation of cardiac enzymes above generally accepted laboratory levels of normal in case of creatine phosphokinase (CPK), a CPK-MB measurement must be used; and
3. Confirmatory imaging studies such as thallium scans, MUGA scans, or stress echocardiograms.

Stroke means apoplexy (due to rupture or acute occlusion of a cerebral artery), or a cerebral vascular accident or incident which begins on or after the coverage effective date. Stroke does not include transient ischemic attacks and attacks of vertebrobasilar ischemia. We will pay a benefit for stroke that produces permanent clinical neurological sequela following an initial diagnosis made after any applicable waiting period. We must receive evidence of the permanent neurological damage provided from computed axial tomography (CAT scan) or magnetic resonance imaging (MRI). Stroke does not mean head injury, transient ischemic attack, or chronic cerebrovascular insufficiency.

Cancer (Internal or Invasive) means a malignant tumor characterized by the uncontrolled growth and spread of malignant cells and the invasion of distant tissue. Cancer includes leukemia. Excluded are cancers that are noninvasive, such as (1) Premalignant tumors or polyps; (2) Carcinoma in Situ; (3) Any skin cancers except melanomas; (4) Basal cell carcinoma and squamous cell carcinoma of the skin; and (5) Melanoma that is diagnosed as Clark's Level I or II or Breslow thickness less than .77 mm.

Cancer is also defined as a disease which meets the diagnosis criteria of malignancy established by The American Board of Pathology after a study of the histocytologic architecture or pattern of the suspect tumor, tissue, or specimen.

Carcinoma in Situ means cancer that is in the natural or normal place, confined to the site of origin without having invaded neighboring tissue.

Skin Cancer means basal cell carcinoma, basal cell epithelioma, or squamous cell carcinoma of the skin.

The diagnosis of skin cancer must be established according to the criteria of malignancy established by the American Board of Pathology after a study of the histocytologic architecture or pattern of the suspect tumor, tissue, or specimen.

Clinical diagnosis of skin cancer will be accepted as evidence that skin cancer exists in an insured when a pathological diagnosis cannot be made, provided such medical evidence substantially documents the diagnosis of skin cancer.

End-Stage Renal Failure means the end-stage renal failure presenting as chronic, irreversible failure of both of your kidneys to function. The kidney failure must necessitate regular renal dialysis, hemodialysis or peritoneal dialysis (at least weekly); or which results in kidney transplantation. Renal failure is covered, provided it is not caused by a traumatic event, including surgical traumas.

Coronary Artery Bypass Surgery means undergoing open heart surgery to correct narrowing or blockage of one or more coronary arteries with bypass grafts, but excluding procedures such as, but not limited to balloon angioplasty, laser relief, stents or other nonsurgical procedures.

Doctor or Physician means any licensed practitioner of the healing arts acting within the scope of his license in treating a critical illness. It doesn't include an insured or their family member.

Written Request means a written request in a form satisfactory to us signed by you and received at our home office in Columbia, South Carolina.

Eligible Medical Expenses add:

Eligible Medical Expenses means medically necessary expenses for services and supplies required by a physician and incurred by an insured as a result of treatment of cancer or skin cancer. An expense is incurred on the date the service is performed or supplies are furnished.

For Hospital and Medical Services

Hospital room and board
Hospital Miscellaneous Services and Supplies
Intensive Care room and board
Medical & surgical services of a Physician
Biopsies
Physicians visits in the hospital
Nursing care by other than an immediate family member
Anesthesia
Physical exams
Laboratory tests
Diagnostic X-rays
Blood and blood transfusions
Second and third surgical opinions
Breast or artificial limb and prosthesis

Specialized Cancer Treatment

Chemotherapy
Immunotherapy
Gene therapy
Cobalt and radiation treatment
Transplant of tissue, body organs, and bone marrow

For Drugs and Medicines

Prescription Drugs and Medicines
Medication for side effects related to Cancer treatment

For Transportation and Lodging

Ambulance - ground or air
Commercial transportation to a specialized treatment center when recommended by your Physician

Lodging for Cancer patient when receiving treatment on an outpatient basis

For Out of Hospital Treatment

Home health care services and supplies treatment on an outpatient basis
Hospice Care
Rental or purchase of durable medical equipment
Nursing care facility

Extra Benefits

Physical or speech therapy treatment
Hairpieces- wigs
Tutorial services for any dependent child who is undergoing Cancer
Professional mental health consultation

PORTABLE COVERAGE

When coverage would otherwise terminate because you end employment with the employer, coverage may be continued. You may continue the coverage that is in force on the date employment ends, including dependent coverage then in effect. You must apply to us in writing within 31 days after the date that the insurance would terminate.

You may be allowed to continue the coverage until the earlier of the date you fail to pay the required premium or the date the group master policy is terminated. Coverage may not be continued if you fail to pay any required premium or the group master policy terminates.

TERMINATION

Coverage will terminate on the earliest of: (1) The date the master policy is terminated; (2) The 31st day after the premium due date if the required premium has not been paid; (3) The date the insured ceases to meet the definition of an employee as defined in the master policy; or (4) The date the employee is no longer a member of the class eligible.

Coverage for an insured spouse or dependent child will terminate the earliest of: (1) the date the plan is terminated; (2) the date the spouse or dependent child ceases to be a dependent; (3) the premium due date following the date we receive your written request to terminate coverage for his or her spouse and/or all dependent children.

Continental American Insurance Company is not aware of whether you receive benefits from Medicare, Medicaid, or a state variation. If you or a dependent are subject to Medicare, Medicaid, or a state variation, any and all benefits under the plan could be assigned. This means that you may not receive any of the benefits outlined in the plan. Please check the coverage in all health insurance plans you already have or may have before you purchase the insurance outlined in this summary to verify the absence of any assignments or liens.

THIS IS NOT A MEDICARE SUPPLEMENT PLAN.

This is a supplement to health insurance. It is not a substitute for hospital or medical expense insurance, a health maintenance organization (HMO) contract, or major medical expense insurance. If you are eligible for Medicare, review the Medicare Supplement Buyer's Guide available from Aflac.

Notice to Consumer: The coverages provided by Continental American Insurance Company (CAIC) represent supplemental benefits only. They do not constitute comprehensive health insurance coverage and do not satisfy the requirement of minimum essential coverage under the Affordable Care Act. CAIC coverage is not intended to replace or be issued in lieu of major medical coverage. It is designed to supplement a major medical program.

**We've got you
under our wing.®**

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Continental American Insurance Company • 2801 Devine Street • Columbia, South Carolina 29205

The certificate to which this sales material pertains is written only in English; the certificate prevails if interpretation of this material varies.

This brochure is a brief description of coverage and is not a contract. Read your certificate carefully for exact terms and conditions.

This brochure is subject to the terms, conditions, and limitations of Policy Form CAI2800PA.

